

DUNEDIN SCHOOL

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LFD Testing and Breaks and Lunches

Updated September 2021

As you have no doubt seen in the news, there is, once again, a worrying rise in positive cases of the virus in the community, locally and across Scotland. We want to keep Dunedin as safe for everyone as possible, and so we are emailing to remind you of the following Scottish Government advice and guidance:

LFD Testing

- Regular testing of pupils and staff using Lateral Flow Device (LFD) testing kits is one of the key measures to reduce risks for staff and children in our schools
- Pupils who have consented to LFD testing should carry out a test at home **twice a week** - on a Sunday night (or Monday morning) and a Wednesday night (or Thursday morning)
- Please log the test result – whether positive, negative or void – online at [NHS Inform](#)
- We will contact you next week to ask if you require more kits, or you can phone and let us know at any time
- If your child has **not** consented to LFD testing yet, it is not too late, and we encourage them to do so. Please just contact the school and we will send a consent form to you and arrange for your child to receive kits to use at home
- If your child is worried about carrying out the test, there is a useful video on Young Scot that might help to reassure them. You can find it by following this link: <https://youtu.be/rgd2TfVL6pk>. Our pupils can also speak to any member of staff if they'd like more reassurance
- Please remember, this type of testing is only for individuals without symptoms. If your child develops symptoms, they must self-isolate immediately and book a PCR test via NHS Inform. People with symptoms must not rely on a negative LFD result to continue to attend school

If You have a Positive Result:

- If your child receives a positive result on a Lateral Flow Device at home, they must record the result online at [NHS Inform](#) (or by calling 119), and immediately self-isolate and [book a PCR test](#).
- There are now several walk-through PCR testing centres, and you can usually get an appointment very quickly. You can find out where these are by following this link:
- <https://www.gov.scot/publications/coronavirus-covid-19-getting-tested/pages/covid-symptoms/#wheretestingtakesplace>
- If your child has a positive LFD result, please also **let the school know immediately by phoning us or emailing staff@dunedin.edin.sch.uk (even if you receive the positive test result at the weekend). This will enable us to plan and quickly put any necessary safeguards in place so we can remain open**

We know this updated guidance is more complicated than before, particularly guidance around when and for how long pupils must self-isolate, so please get in touch with us if you are at all unsure about any of the procedures.

Breaks and Lunches

Finally, we'd like to ask all pupils to once again avoid going to Cameron Toll at break times, and instead, go back to bringing all lunch and snacks with them to eat within the school grounds.

We know this is hugely disappointing, and it is not what we were expecting, but if it helps at all to avoid positive cases in school, we hope you will also feel it is for the best at the moment.

As we've said, our main concern is to keep everyone in school as safe as possible, and to ensure we have enough staff to keep the school open.

We are still expecting a review of current guidance and procedures from the Scottish Government in the coming weeks, and we will keep you informed of any changes. As always, though, please get in touch if you want to discuss any of the above or if you have any questions or concerns.

Once again, thank you all for helping and supporting us. Please keep safe.